



**MENTAL HEALTH THERAPIST
SOUTH ASIAN NETWORK
LA OFFICE OPENING: 154 S. Vermont Ave, 90004**

Position Type: Full Time, Non- Exempt | Pay: DOE

About SAN:

The South Asian Network (SAN) is a 33-year old grassroots, community-based, nonprofit organization dedicated to advancing the health, well-being, and civil rights of South Asians living in Southern California. SAN is the only South Asian organization of its kind that provides outreach, direct services, and advocacy in the key areas of community health, mental well-being, immigration and civic engagement, and gender-based violence prevention and intervention. SAN embraces the diversity of South Asians as strength and builds unity among immigrants and communities of color in order to advance a shared progressive agenda for Southern California.

The SAN team is composed of highly dedicated, resourceful, accomplished and diverse individuals who are passionate about issues such social justice, empowerment, and diversity and inclusivity. For more information about SAN, visit www.southasiannetwork.org.

About the Mental Health Therapist role:

Reports To: Clinical Supervisor and Director of Programs

Type: Full Time, Non-Exempt

Salary/Wages: \$50,000 to \$62,000 annual salary;health insurance, paid leave, 403b retirement

Position Responsibilities:

The Mental Health Therapist provides free or low-cost culturally and linguistically specific support to individuals within the South Asian community in Southern California. The Mental Health Therapist also conducts workshops at cultural and faith-based centers, college campuses, and other South Asian enclaves such as South Asian low wage workers, to build awareness on mental health and to reduce the stigma of receiving services. The Therapist works across program areas, such as with the Citizenship & Civic Engagement department to

host healing circles for hate crime victims. The therapist will also work with other BIPOC organizations and coalitions to push for just policies around mental health and BIPOC/immigrant communities. The Mental Health Therapist will report to the Clinical Supervisor and Director of Programs.

- Conduct intakes, screenings and assessments of community members seeking services in relation to mental health;
- Provide individual, family, and/or group therapy;
- Maintain proper client files, including initial biopsychosocial assessments, treatment plans, session notes, collateral contacts, and discharge summaries and; ensure all files are complete and up-to-date at all times;
- Create and present educational workshops and outreach, and provide psychoeducation about mental health services in community, and senior centers, religious centers, on campuses and in South Asian cultural spaces;
 - Topics can include, holding space for hate crime victims, bullying/suicide, ptsd and trauma, south asian womanhood & patriarchy; depression & anxiety; depression & anxiety; intergenerational conflicts; pressure (familial, relational, academic) & stress management; identity & self-awareness; south asian queer identity, sexuality and gender identity, and much more
- Develop and disseminate culturally and linguistically appropriate communication material for the South Asian American community;
- Represent SAN in community based settings, coalition meetings, conferences etc.
- Work with staff across SAN's units to plan and conduct activities such as workshops, presentations and outreach events at community festivals, cultural spaces and schools and colleges;
- Conduct general SAN outreach/tabling at cultural/religious and other events
- Attend regular staff meetings, training and maintain regular contact with staff and supervisor, document and track services provided, complete program surveys, monthly reporting and updating in-house client databases.
- Perform related duties essential to the position or the program.
- Supervise interns when needed.

PHYSICAL REQUIREMENTS:

- In an eight-hour workday, the employee must be able to bend and crouch occasionally, sit continuously and stand or walk frequently.

REQUIRED QUALIFICATIONS:

- Masters in Social Work, Marriage and Family Therapy, Psychology or related degree
- Unlicensed Clinical Therapists must have current and active registration with the California Board of Behavioral Sciences (BBS) as an Associate Clinical Social Worker, Associate Professional Clinical Counselor, or Associate Marriage and Family Therapist;
- Knowledge of and ability to abide by legal, ethical, and professional guidelines set forth by NASW, CAMFT, BBS, APA, HIPAA and other relevant guiding governing bodies.

- Valid CA driver's license, insurance, and auto that may be used during working hours;
- Bilingual skills (English + South Asian language); Bangla language preferred*
- Ability to support the mission and philosophy of the South Asian Network;
- Understanding of the effects of poverty, disabilities, intersectionality, and cultural awareness in relation to trauma and treatment.
- High self-awareness and willingness to seek support through supervision as needed;
- Ability to complete timely, confidential, and ethically appropriate documentation;
- Excellent communication and time-management skills

DESIRABLE QUALIFICATIONS:

- Knowledge of child, elder and dependent adult abuse and domestic violence reporting requirements and other significant regulations affecting clinical practice (e.g. Tarasoff, patient-psychotherapist privilege).
- Knowledge of issues related to immigrants and community resources;
- Ability to handle crisis situations;
- Ability to facilitate support groups and/or workshops;
- Ability to work with diverse cultures, community, and professional groups;
- Comfort and competence in working independently as well as part of a team;
- Ability to work flexible hours (including some weekends);

Previous experience providing therapy to the South Asian community strongly preferred, but not required.

To apply, please email a cover letter, resume, and three references to:
saninfo@southasiannetwork.org.

Application deadline: Until Filled

The South Asian Network is an equal opportunity employer that values diversity at all levels. All individuals, regardless of personal characteristics, are encouraged to apply.