



Reach out to a trusted resource like SAN for support. We offer free referrals and mental health services that can help you recover and heal.

FBI Tipline: 1(800)225-5324

FBI LA Field Office: (310)477-6535

FBI: tips.fbi.gov

Anonymous Options

AAJ Hindi: (855)971-2552

AAJ English: (888)349-9695

Stop AAPI Hate: stopaaphate.org/reportincident/

For Immediate Assistance: 911

RESOURCES:



**WHAT TO DO IF YOU
EXPERIENCE/WITNESS AN
ACT MOTIVATED BY BIAS
AGAINST RACE,
ETHNICITY, RELIGION,
GENDER, OR SEXUALITY.**

If you are a Bystander

- 1. stay calm and keep yourself safe**
 - 2. document the incident (take a video) undercover**
 - 3. speak out against the aggressor if it is safe**
 - 4. invite the targeted person to leave with you and make sure they are being led out somewhere safe**
 - 5. find someone else who can go and find help for you**
 - 6. give the recording to the victim, do not take any other action after without permission of the survivor**
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If you are a Survivor

- 1. make sure you are someplace safe from the aggressor**
- 2. report the incident to Stop AAPI Hate and SAN**
- 3. Try to determine whether it was a hate crime or hate incident (not a crime)**
- 4. identify contacts that can support you in this difficult time (housing, food, financial assistance, etc.)**
- 5. seek legal support (Ex. AAAJ SoCal)**
- 6. report to the FBI**
- 7. determine whether it is realistically safe to report to law enforcement based on your immigration status if you seek criminal justice**
- 8. seek compensation (ex. CA Victim Compensation Board)**
- 9. understand and process your experience through mental health support (Ex. SAN)**