As of this writing, COVID-19 has killed 990,000 fellow Americans! A quote in political literature says, ‘One death is a tragedy. A million deaths is a statistic.’ At SAN, we refuse to accept any death as a statistic. We grieve with the nation, but we also keep working in educating & empowering our communities.

SAN has produced a COVID-19 educational video to increase awareness and reduce hesitancy towards immunizing. We invite you to join us in saving lives by sharing the 2 minute video attached below with your friends, family & community. Click on it to view in a language of your choice: English, Hindi, Urdu, Bangla, Punjabi, Gujarati & Tamil.
SAN has also obtained a variety of PPE such as at-home testing kits, masks, sanitizers and disinfectant wipes. If you or anyone you know would benefit from them, please give us a call at 562-403-0488.

WITH A HEAVY HEART...

...we bid farewell to our Mental Health Therapist Ravina Wadhwani this week, as she prepares to carry forward her light into a new role. The brightness that she dispersed through her work was only a reflection of her true being. Through her therapy services and workshops, she impacted the lives of several South Asians in Southern California. Saying goodbye to Ravina brings up for SAN what it must feel like when a
daughter gets married - we will miss having her around, and yet she holds a permanent place in our hearts!

Over the last four years, Ravina has empowered & transformed the lives of thousands of South Asian-American community members through her emotional & mental health therapy work. I will dearly miss her & extend my best wishes as she embarks to explore new horizons.

- Shakeel Syed,
  Executive Director - SAN

It is commonly said that distance makes the heart grow fonder, so as your wings continue to expand so does our love and appreciation for the time you allowed SAN to experience with you on staff. Your SAN family will continue to support and celebrate your successes on your new journey Ravina.

- SAN Staff
IN OTHER NEWS

SAN is growing! We have 2 immediate job openings. A Community Organizer to lead our 'Stop the Hate' Program and a Mental Health Therapist. Click on a position you would be interested in for more details!

A RECAP OF WHAT WE’VE BEEN UP TO..

- **Apr 8** - Outreach Tabling at Masjid Gabriel, South Asian Seniors’ Association, Irvine
- **Apr 11** - Older Adult Group Workshop at the SAN Office, Artesia
- **April 14** - Outreach Tabling at USC APASA Night Market 2022
- **Apr 23** - Outreach Tabling at Sinhala & Tamil New Year, Woodley Park, LA

AND A LIST OF WHAT’S COMING NEXT!

- **Apr 26** - Mental Health Workshop at Adult Day Healthcare Centre, Norwalk
- **Apr 29** - Dance and Discussion Workshop with The Mohiniyattam Institute geared towards female survivors at Cerritos Senior Center
Apr 24 - Outreach Tabling at
Gurdwara Singh Sabha, Buena Park

We would love to hear from you in case of any feedback, suggestions, or even if you want to volunteer with us!

Until next time...
From all of us here at SAN,
Namaste, Khuda Hafiz, Take Care!

Say Hi virtually!

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